



Disney
FROZEN
**SISTER
BRACELETS**

Create your very own Frozen sister bracelets for your better-than-best-friends!

You Will Need: ICY BEADS | LETTER BEADS | CLEAR STRETCHY CORD | SCISSORS | BALLOONS | WATER

Directions: Have an adult help you with this activity.

STEP 1: Cut a 10 to 12 inch length of clear stretchy cord and tie a knot 2 inches up from one end to keep your beads from slipping off.

STEP 2: String icy beads and letter beads to spell out your sister's name. Secure both ends together with a knot. (do not trim the extra length of stretch cord)

STEP 3: Gently open the balloon with one hand and carefully place your sister bracelet into the dry balloon, keeping the extra length of stretch cord outside of the balloon opening.

STEP 4: Slowly fill the balloon with cold water. Tie the balloon like a normal water balloon.

STEP 5: Place your water balloon knot-side-down on a plastic plate or bowl and put in the freezer overnight, check the balloon by gently shaking it back and forth. If you feel liquid sloshing around inside or see an air bubble moving around inside, put it back into the freezer for another day. Continue to check until it is completely frozen.

STEP 6: Place the balloon in a bowl and gently remove the outer balloon coating, try not to touch the surface of the ice to prevent melting. Put it back in the bowl and into the freezer to keep it frozen.

STEP 7: Give your bracelet gem to your sister.

STEP 8: Place the bracelet gem on a saucer or surface outdoors and admire until it melts and reveals the special better-than-best-friends bracelet!



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