

GOLDILOCKS' PORRIDGE



INGREDIENTS

2 1/2 cups water

1 cup rolled oats

1 tablespoon white sugar

1 teaspoon salt

1 pinch ground cinnamon

1 cup berries

1/2 cup cold milk (optional)

DIRECTIONS

- 1. Combine water, oats, cinnamon, sugar, and salt in a saucepan.
- 2. Bring to a boil, then reduce heat to low, and simmer until the liquid has been absorbed, stirring frequently.
- 3. Pour into bowls.
- 4. Top each with berries.
- As an option, top with a splash of cold milk.





